



RISK ASSESSMENT – HAND – ARM VIBRATION SYNDROME.

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| NATURE/LOCATION OF HAZARD. | |
| Hands, Arms, Fingers | |
| POSSIBLE RISK TO HEALTH AND SAFETY. | |
| Blood Circulation Problems (vibration white finger), Damage to nerves, Damage to muscles, Damage to bones and joints. | |
| PERSONS AT RISK. | |
| All site operatives, sub-contractors | |
| PREVENTIVE & PROTECTIVE ACTIONS TO BE TAKEN. | ACTION DATE |
| Select and use hand held tools that produce the lowest levels of vibration, Service or replace tools that are worn, Consider alternatives to reduce site drilling and cutting, Take regular work breaks or perform alternative work, Use the correct tool for the job, Avoid working in wet and cold conditions, Adopt a comfortable position and posture. <u>Further actions/precautions:</u> Remain aware of symptoms; Numbness and/or loss of sensitivity in fingertips, aches or pains in the wrist and arms, loss of strength in the hands. | ALWAYS |
| PERSONAL PROTECTIVE EQUIPMENT. P.P.E | |
| <ul style="list-style-type: none"> • Anti-Vibration Gloves - Polyco Tremor-Low Anti-Vibration Glove | |